

Reflection on the Scripture of the Day

Contributed by St. Andrew's Episcopal Church

Step 1. **Read**

One person reads the passage slowly outloud. Listen for what catches you attention: words, phrases, or images.

Step 2. **Silence**

Spend a couple of minutes in silence identifying and, if you wish, writing down the words, phrases, or images that catch your attention.

Step 3. **Tell**

Each person is invited to say one of the words, phrases, or images which stood out for them. The other members of the group listen and do not discuss or question what is said.

Step 4. **Read**

Once the group has fallen silent, someone (preferably the opposite sex of the first reader) reads the passage a second time. Listen for themes or concerns which you hear raised by the passage.

Step 5. **Silence**

Reflect silently for a couple of minutes on the themes and concerns you hear in the reading. You may wish to write them down.

Step 6. Tell

Each person is invited to name one of the themes and concerns which came up, without discussion from the members of the group. Again, no one speaks more than once. Wait until the silence indicates that everyone in the room has finished.

Step 7. Input

The leader may offer a “voice from tradition” which illuminates the passage in some way.

Step 8. Read

Someone reads the passage outloud for the last time. Listen for how God may be speaking to you through this reading.

Step 9. Pray

The leader closes with a meditative prayer.